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# Laser-Supported CD133+ Cell Therapy in Patients with Ischemic Cardiomyopathy: Initial Results from a Prospective Phase I Multicenter Trial

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## Abstract

**Objectives:** This study evaluates the safety, principal feasibility and restoration potential of laser-supported CD133+ intramyocardial cell transplantation in patients with ischemic cardiomyopathy.

**Methods:** Forty-two patients with severe ischemic cardiomyopathy (left ventricular ejection fraction (LVEF) >15% and <35%) were included in this prospective multicenter phase I trial. They underwent coronary artery bypass grafting (CABG) with subsequent transepical low-energy laser treatment and autologous CD133+ cell transplantation, and were followed up for 12 months. To evaluate segmental myocardial contractility as well as perfusion and to identify the areas of scar tissue, cardiac MRI was performed at 6 months and compared to the preoperative baseline. In addition, clinical assessment comprising of CCS scoring, blood and physical examination was performed at 3, 6 and 12 months, respectively.

**Results:** Intraoperative cell isolation resulted in a mean cell count of  $9.7 \pm 1.2 \times 10^6$ . Laser treatment and subsequent CD133+ cell therapy were successfully and safely carried out in all patients and no procedure-related complications occurred. At 6 months, the LVEF was significantly increased ( $29.7 \pm 1.9\%$  versus  $24.6 \pm 1.5\%$  with  $p = 0.004$ ). In addition, freedom from angina was achieved, and quality of life significantly improved after therapy ( $p < 0.0001$ ). Interestingly, an extended area of transmural delayed enhancement (>3 myocardial segments) determined in the preoperative MRI was inversely correlated with a LVEF increase after laser-supported cell therapy ( $p = 0.024$ ).

**Conclusions:** This multicenter trial demonstrates that laser-supported CD133+ cell transplantation is safe and feasible in patients with ischemic cardiomyopathy undergoing CABG, and in most cases, it appears to significantly improve the myocardial function. Importantly, our data show that the beneficial effect was significantly related to the extent of transmural delayed enhancement, suggesting that MRI-guided selection of patients is mandatory to ensure the effectiveness of the therapy.

**Trial Registration:** EudraCT 2005-004051-35) Controlled-Trials.com ISRCTN49998633

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These authors contributed equally to this work.

## Introduction

While human myocardium cannot restore appropriate function after a significant loss of cardiomyocytes due to ischemic injury [1],

all established therapeutic strategies, except heart transplantation with limited organ availability, focus on preventing further ischemia-induced myocardial damage. Therefore, alternative options for patients with severe ischemic cardiomyopathy are

**Table 1.** Study inclusion and exclusion criteria.

<b>Inclusion criteria</b>
>18 years (male or female gender)
Presence of at least two vessel coronary artery disease, with at least one vessel that is not amenable to CABG (according to the angiogram). This vessel must serve an area of viable myocardium
Global left ventricular ejection fraction >15% and <35%
Area of interest defined as part of free left ventricular wall with reduced contractility as preoperatively shown either in ventriculography and/or MRI/CT and/or echocardiography
Demonstration of reduced perfusion in the area of interest by cardiac MRI/CT
Signed informed consent
<b>Exclusion criteria</b>
Any condition that, according to the treating physician, prevents successful cell collection or application (e.g. systemic infection, puncture for cell collection impossible)
Any condition that may adversely affect the bone marrow (such as malignancy or prior irradiation to the pelvic bone)
Emergency or salvage operation defined as within 48 hours of diagnosis
Need of additional heart surgery (e.g. valve replacement)
Previous heart surgery within 6 months (excluding implantation of a pacemaker)
Mitral valve insufficiency >grade II
Evidence of left ventricular thrombus
Increased CK (>three times normal) in patients with unstable angina
End-stage renal disease defined as serum creatinine level >3.5 mg/dl, or renal replacement therapy
Concurrent active chemotherapy for cancer
Life expectancy $\leq$ 2 years
Clinically active infection at the time of operation
Hepatitis infection
HIV infection
Anemia
Platelet count lower than 100/nl
Sensitivity or incompatibility against used drugs or excipients (e.g. heparin, aspirin)
Pregnancy
History of ventricular arrhythmia, not controlled by medication and/or AICD (Automatic Implantable Cardioverter Defibrillator) required
History of symptomatic carotid disease (e.g. any TIA, PRIND, stroke) within the last 3 months prior to study intervention
History of bleeding diathesis
History of disseminated intravascular coagulation
Participation in other clinical trials (at least for the last 30 days)
Not able to attend follow-up as specified in the protocol
No informed consent
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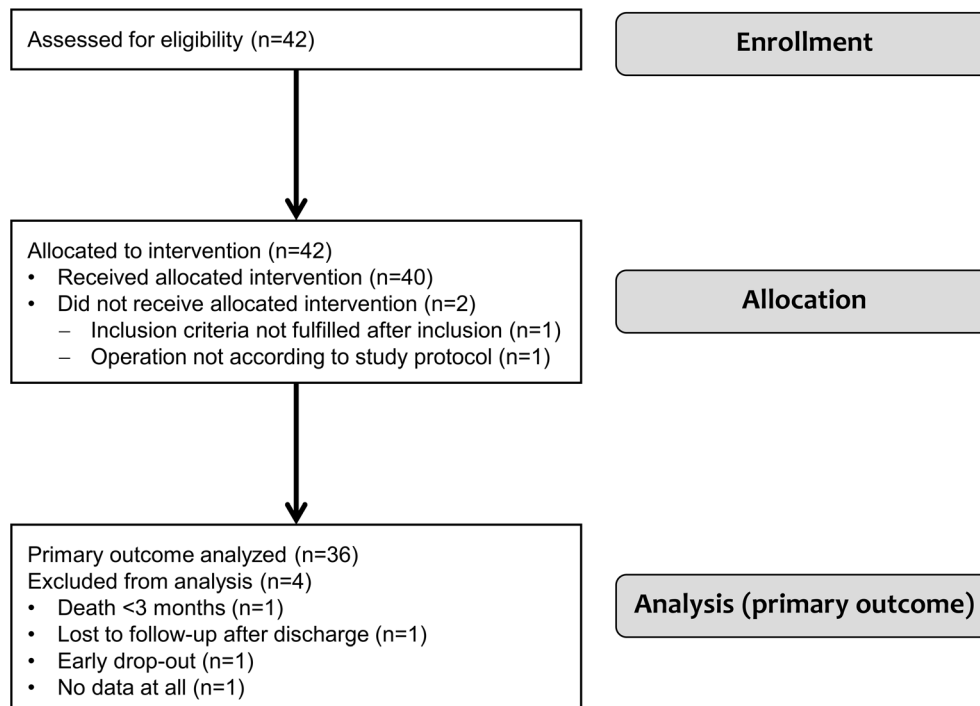
required. Cardiac cell therapy has been repeatedly suggested as a promising strategy to improve the myocardial function in patients with chronic cardiac ischemia [2–4], and currently, numerous cell types are under evaluation for their regenerative potential [1].

Bone marrow cells (BMCs) represent the most frequently used cell type for cardiac cell therapy [5]. They can be harvested and up-scaled easily, and their clinical use evokes no legal or ethical issues. In this regard, CD133+ cells, a subpopulation of adult hematopoietic progenitor cells, are a well-established cell source and have been proven to beneficially affect chronic cardiac ischemia [6].

In parallel, the concept of transmyocardial laser revascularization (TMLR) has been shown to induce angiogenesis in a large animal model of chronic myocardial ischemia [7]. In order to create a supportive environment before intramyocardial cell transplantation, we recently combined the concept of TMLR

and subsequent cell therapy in patients with end-stage coronary heart disease. This therapeutic approach resulted in remarkably increased wall contraction at the sites of TMLR and cell injection [8]. Therefore, we hypothesized that a combined approach may exert beneficial effects on patients with severe chronic myocardial ischemia. Based on these results, we modified and refined laser treatment to what we call ‘endogenous laser-induced ventricular enhancement’ (ELIVE). This novel approach is characterized by applying lower energies to specific areas in the heart pre-assessed by magnetic resonance imaging (MRI) for the purpose of inducing a supportive environment for the transplanted cells.

The present multicenter trial has been initiated to assess the safety and feasibility of CD133+ cell transplantation following coronary artery bypass grafting (CABG) and ELIVE in patients with ischemic cardiomyopathy. Moreover, the potential of this combined cell therapy approach to improve the myocardial



**Figure 1. CONSORT (Consolidated Standards of Reporting Trials) flow diagram presenting the enrollment, intervention allocation, and data analysis of the study.**

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function was investigated, with particular regards to adequate selection of patients.

## Patients and Methods

### Patients

Between May 2007 and December 2010, 42 patients with severe ischemic cardiomyopathy, presenting a decreased left ventricular ejection fraction (LVEF) >15% and <35%, were enrolled in our prospective phase I multicenter trial. The study protocol for all investigational sites (Department of Cardiovascular Surgery, University Duesseldorf; Clinic for Cardiothoracic, Transplantation and Vascular Surgery, Hannover Medical School; Department of Cardiac and Thoracic Vascular Surgery, University Hospital of Schleswig-Holstein, Luebeck; Department of Cardiac Surgery, University Heidelberg; each in Germany) was written according to the Declaration of Helsinki and approved by the national competent authority, the Paul Ehrlich Institute (reference number 188/01), as well as by the involved ethics committees. All patients gave written and informed consent to their participation in the trial. The inclusion and exclusion criteria for the study cohort are displayed in [Table 1]. A CONSORT (Consolidated Standards of Reporting Trials) flow diagram presenting the enrollment, intervention allocation, and data analysis is shown in [Figure 1]. Three out of 42 enrolled patients had to be excluded from the study due to the intraoperative necessity of technical deviations from the revascularization strategy, due to switching to an emergency operation, or due to missing data, respectively. [Table 2] presents the preoperative characteristics of the 39 included patients.

The EudraCT number of this study is 2005-004051-35 and the Current Controlled Trials number is ISRCTN49998633.

## Methods

The protocol for this trial and supporting TREND checklist are available as Protocol S1 and Checklist S1.

### Surgical procedure

A novel cell preparation protocol was used allowing for CABG with simultaneous separation and laser-supported transplantation of CD133+ cells derived from autologous bone marrow [9].

After inhalative anesthetization, patients underwent puncture of the iliac crest to aspirate an average volume of  $281.9 \pm 7.4$  ml bone marrow. Afterwards, the left internal thoracic artery and a great saphenous vein were prepared. The installation of extracorporeal circulation was followed by CABG with intermittent application of Calafiore blood cardioplegia.

Simultaneously, by using a CliniMACS cell separation system with a closed circuit (Miltenyi Biotech Inc., Bergisch Gladbach, Germany), CD133+ cells were isolated from the collected bone marrow. Due to considerations in terms of short handling time in parallel to the operation and highest possible cell vitality, the cell isolation was conducted in immediate vicinity of the operation theater under a separate clean laminar flow bench, which was approved by the Paul Ehrlich Institute. Quality analyses of the cell product were conducted by fluorescence-activated cell sorting measurements.

Following coronary artery reperfusion, the areas of hibernating myocardium technically not amenable to bypass grafting, which had been preoperatively selected by MRI and coronary angiography, were treated by creating an average number of  $20.4 \pm 0.8$  transmural laser channels (CO<sub>2</sub> Heart Laser, PLC Medical Systems Inc., Milford, USA). The separated autologous CD133+ BMCs ( $9.7 \pm 1.2 \times 10^6$ ) were injected into these pretreated myocardial regions by the operating surgeon. Finally, the heart was weaned from cardiopulmonary bypass and the patient was

**Table 2.** Preoperative patients' characteristics.

<b>Age (y)</b>	66±1.4
<b>Male (%)</b>	84.6
<b>BMI (kg m<sup>-2</sup>)</b>	29±0.8
<b>Arterial hypertension (%)</b>	89.7
<b>Diabetes mellitus type II (%)</b>	51.3
<b>PAVD (%)</b>	23.1
<b>COPD (%)</b>	10.3
<b>Renal failure (%)</b>	17.9
<b>Previous myocardial infarction (%)</b>	56.4
<b>Previous coronary intervention (%)</b>	25.6
<b>Redo operation (%)</b>	10.3

BMI = body mass index; COPD = chronic obstructive pulmonary disease; PAVD = peripheral arterial vessel disease.  
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transferred to the intensive care unit. The mean cut-suture time was 296.3±49.8 min.

An overview of the simultaneous procedures of surgery and cell preparation is displayed in [Figure 2].

### Study endpoints

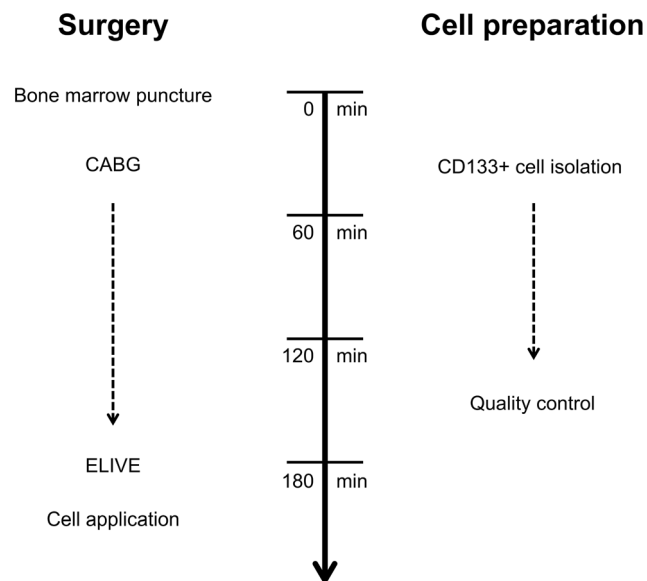
The primary composite endpoint of the present prospective trial, assessed at 3 months after surgical treatment, was the safety of the cell transplantation procedure, defined as the occurrence of major adverse cardiac or cerebrovascular events (MACCE: cardiac-related death, myocardial infarction, urgent or elective percutaneous coronary intervention, stroke, or transitory ischemic attack) or one of the following adverse events: secondary mitral valve damage or hospitalization for any adverse event thought to be related to cardiac function by the investigator.

The secondary endpoints comprised the above mentioned composite endpoint at 6 and 12 months as well as the following

endpoints after 3, 6 and 12 months: adverse cardiac events, severity of angina as assessed by reduction of classes in the CCS grading scale, MRI-evaluated regional cardiac function and quality of life in comparison to baseline values.

### Perioperative examinations and follow-up

Cardiac MRI was used to evaluate segmental myocardial contractility as well as perfusion and to identify the areas of scar tissue preoperatively and 6 months after surgery. Data were pseudo-anonymized and analyzed in a blinded manner on a 1.5 Tesla MRI scanner (Avanto, Siemens, Forchheim, Germany) using a 17 myocardial segments system. While assessment of the global ejection fraction was part of the prospective trial, the segmental analyses were conducted separately. Qualitative regional cardiac function analyses were conducted on steady-state free precession cine images acquired in short axis views. After administration of 0.2 ml/kg body weight gadolinium-based contrast agent, perfusion imaging was performed during the first pass using a T1-weighted fast gradient echo sequence in three short axis imaging planes representing the basal, midventricular and apical myocardial segments. After administration of additional 0.2 ml/kg contrast material, delayed enhancement images were acquired after a delay of 10 minutes using an inversion-recovery gradient echo sequence. In the preoperative sequences, the amount of transmural delayed contrast agent enhancement as well as the percentaged number of segments with hibernating myocardium (hypokinetic or akinetic areas with perfusion deficit and lack of late enhancement) were determined. In case of contraindications against MRI (n = 3), cardiac computed tomography was conducted on a 64-row multidetector-CT (Somatom Sensation Cardiac, Siemens Healthcare, Forchheim, Germany). After an initial scout image and a timing bolus scan at the level of the aortic root with 20 ml of iodinated contrast agent (iomeprol, 400 g/cm<sup>3</sup>, imeron 400, Bracco Imaging, Konstanz, Germany), an 80 ml bolus of contrast agent was power-injected at 5 ml/s followed by a 40 ml bolus of saline chaser. A retrospective ECG-gated volume dataset was acquired with 64 mm × 0.6 mm collimation, a gantry rotation time of 330 ms, a pitch of 0.2, tube voltage of 100–120 kV (weight-based nomogram), and a tube current of 312–370 mAs/rotation (scout-based automatic reference tube current selection–CareDose 4D, Siemens, Germany). To measure global functional parameters, axial 1.5 mm multi-phase images were analyzed using commercially available software (Syngo Argus, Siemens, Germany).



**Figure 2. Surgical timeline of simultaneous CD133+ cell isolation and CABG with subsequent laser treatment (ELIVE)-supported cell transplantation.** ELIVE, endogenous laser-induced ventricular enhancement.  
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**Table 3.** Endpoint events.

Primary endpoint	Secondary endpoint
I) Multi organ failure (48 hours)	
II) Septic shock (72 days)	
	III) Sudden cardiac death (6 months)

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Canadian Cardiovascular Society (CCS) grading was performed preoperatively as well as after 3, 6 and 12 months. Physical examinations, blood serum level analyses and electrocardiography were conducted preoperatively, after 12, 24 and 48 hours and at all follow-up examinations (3, 6 and 12 months). All adverse events were documented during the whole follow-up, were classified as MACCE if indicated, and their relationship to the cell therapy procedure was evaluated. In order to assess the quality of life, the Seattle Angina Questionnaire (SAQ) was used.

### Statistics

Statistical analysis was performed with R version 2.15.1, and with SPSS version 20.0.0 (IBM, New York, USA). Descriptive statistics were calculated and are presented as mean values  $\pm$  standard error of the mean for all continuous variables.

For direct comparisons of groups with continuous variables, paired or unpaired t-tests with or without Welch's correction were applied, as indicated. Regarding categorical variables, pairwise Fisher's exact tests were conducted. The blood serum levels at different time points were compared with each other by means of ANOVA with Tukey's posthoc test. The impact of preoperatively extensive transmural delayed enhancement and hibernating myocardium on the postoperative increase of LVEF was examined by a linear regression analysis. For all analytical statistics, p values  $<0.05$  were assumed to indicate significance.

### Results

#### Safety and feasibility

**CD133+ cell isolation.** The intraoperative isolation of CD133+ BMCs was successfully conducted in all patients. Flow cytometry analyses revealed the average number of transplanted cells to be  $9.7 \pm 1.2 \times 10^6$ , exhibiting a vitality of  $93.2 \pm 0.9\%$  and a purity of  $82.6 \pm 2.3\%$ .

**Clinical outcome.** Two patients suffered from severe adverse events which had to be classified as primary endpoint events: One patient developed a multi organ failure and died within the first 48 postoperative hours due to a hyperkalemia-related electromechanical dissociation, and another one had a severe septic shock with metabolic disorder and final ventricular fibrillation after 72 days. None of these adverse events was related to the cell therapy procedure. In another patient, which was an early drop-out due to emergency reconstruction of the mitral valve during the initial operation, a serious adverse event with possible relationship was observed and classified as serious adverse reaction by the coordinating investigator during the quality assurance procedure. In this patient, a sudden cardiac death occurred after drop-out, which can be seen as a typical consequence of the underlying disease.

Only one patient had a secondary endpoint event when dying of presumably sudden cardiac death within the first 6 months. Thorough assessment revealed no relationship to the cell therapy. After 12 months, no additional endpoint event had occurred,

resulting in a total of three patients with endpoint events at month 12 [Table 3].

The CCS grading scale analysis revealed a significant decrease of the severity of angina after the surgical procedure. After 3, 6 and 12 months, the percentage of patients with CCS grades  $\leq$ II was 100% versus 35.1% preoperatively ( $p < 0.0001$  at each time point) [Table 4]. Analyzing the physical limitation scale of the SAQ, we found a significant increase of quality of life during the follow-up ( $40.2 \pm 1.4$  after 3 months,  $40.9 \pm 1.5$  after 6 months,  $43.7 \pm 1.0$  after 12 months; each with  $p < 0.0001$  versus  $28.4 \pm 1.5$  preoperatively) [Figure 3].

Electrocardiography did not reveal any postoperatively new q-wave myocardial infarction or ST segment elevation. The blood serum level analyses during the follow-up revealed results as expected after cardiac surgery in patients with ischemic cardiomyopathy [Table 5].

#### Myocardial function

**Left ventricular contractility.** The LVEF significantly improved after surgery ( $29.7 \pm 1.9\%$  versus  $24.6 \pm 1.5\%$  with  $p = 0.004$  at 6 months). Moreover, the left ventricular enddiastolic volume was decreased ( $264.2 \pm 16.9$  ml versus  $284.4 \pm 14.8$  ml with  $p = 0.01$ ). After 6 months, the total number of hypokinetic segments was reduced ( $5.9 \pm 0.9$  versus  $6.6 \pm 0.9$  preoperatively,  $p = 0.296$ ), as well as the number of akinetic segments ( $3.2 \pm 0.5$  versus  $4.9 \pm 0.7$  preoperatively,  $p = 0.014$ ).

**Prediction of the benefit of the CD133+ cell therapy.** We aimed at examining whether patients with extensive myocardial scars profited less from the therapy. Interestingly, the preoperative global LVEF value was not correlated with the postoperative increase of the LVEF (slope  $0.3 \pm 0.4$  and  $r^2 = 0.02$  with  $p = 0.540$ ) [Figure 4A]. Therefore, we conducted more sophisticated regional analyses of myocardial function and viability based on a 17 myocardial segments model. In that context, we determined the correlation of the preoperative amount of transmural delayed contrast agent enhancement with the increase of the LVEF after 6 months. A linear regression analysis revealed a negative correlation of the two parameters (slope  $-1.8 \pm 0.7$  and  $r^2 = 0.25$  with  $p = 0.024$ ) [Figure 4B]. Moreover, transmural delayed enhancement in more than three myocardial segments resulted in significantly lower increase of the LVEF after 6 months, as compared to patients with three or less affected segments ( $1.0 \pm 1.4\%$  versus  $10.0 \pm 4.3\%$  with  $p = 0.042$ ) [Figure 5]. A larger percentaged area of hibernating myocardium in the preoperative MRI was accompanied by a higher increase of the LVEF after 6 months. However, this correlation was not found to be significant (slope  $0.2 \pm 0.2$  and  $r^2 = 0.1$  with  $p = 0.237$ ) [Figure 4C]. Patients with more than 15% hibernating myocardium showed a larger postoperative increase of the LVEF than patients with less than 15% hibernating myocardium ( $9.2 \pm 4.8\%$  versus  $2.0 \pm 2.0\%$  with  $p = 0.063$ ).

**Table 4.** CCS grading before and after cell therapy.

CCS grading	Pre (n)	3 months * (n)	6 months * (n)	12 months * (n)
≤II	13	33	27	25
>II	24	0	0	0

At all postoperative time points, 100% of the patients showed CCS grades ≤II (versus 35.1% preoperatively). Pre, preoperatively; \*  $p < 0.0001$  versus pre.  
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## Discussion

### Safety and feasibility

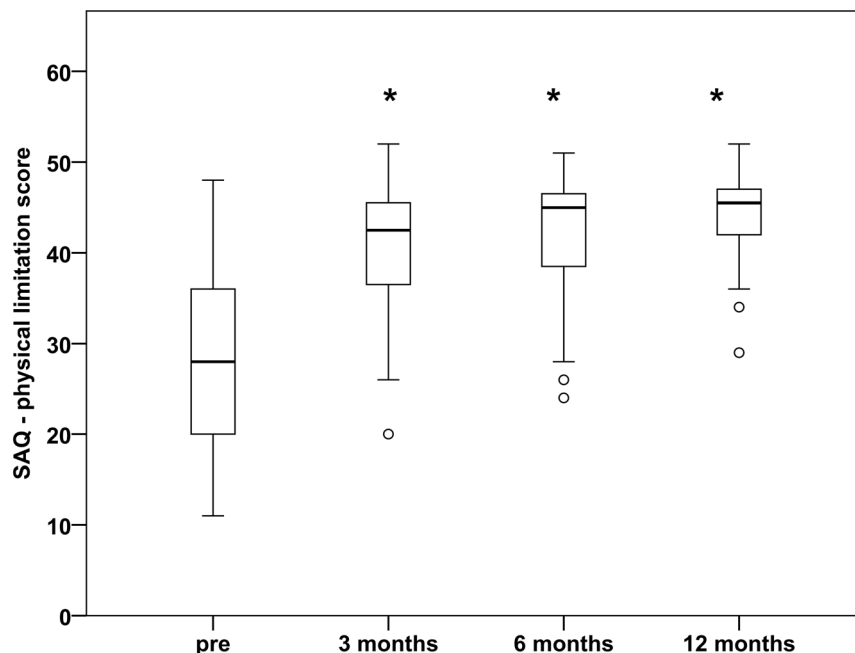
The primary aim of the present multicenter trial was the examination of a combined therapeutic approach for patients with end-stage ischemic heart failure. This is the first clinical study of CABG with simultaneous, laser treatment (ELIVE)-supported CD133+ cell transplantation, and the results proved our protocol to be feasible and safe. Neither any CD133+ cell processing failure, nor any serious adverse events which had to be assessed as at least probable procedure-related events were observed. Two serious adverse events with possible procedure-related relationship were reported in the trial, however, in one patient re-assessment after the follow-up revealed no relationship, and in the other patient, a sudden cardiac death occurred after drop-out, which can be seen as a typical consequence of the underlying disease. While in most previous BMC transplantation studies, the bone marrow was harvested pre-interventionally, the approach of the present study features intraoperative cell isolation and processing without the necessity of additional anesthetization, cultivation or storage of the cell product, significantly simplifying processing logistics [10]. Albeit using a time-optimized accelerated procedure protocol, the procedure resulted in a high-quality cell product in terms of purity as well as vitality. This approach was presented for

the first time in a small cohort study in patients with intractable ischemic heart disease who received laser treatment and CD133+ cell transplantation [11].

The rationale of conducting ELIVE before cell transplantation was to create an environment by which survival, growth and potential function-restoring effects of the injected cells may be supported, especially by inducing angiogenesis. In porcine models of chronic myocardial ischemia as well as acute myocardial infarction, laser treatment was previously shown to improve local angiogenesis as well as the survival of administered mesenchymal stem cells into the infarcted region [12–15].

### Clinical outcome

As a result of the combined surgical procedure, the CCS grades were significantly reduced and the quality of life was improved 3, 6 and 12 months after surgery. Both effects may partially be attributed to coronary revascularization, which was performed in all these patients. However, all study patients suffered from severe heart failure with ischemic areas of viable myocardium which were technically ineligible for CABG. Nevertheless, we found a significant decrease of clinical ischemia symptoms with no residual angina after 6 months. While many studies have shown short-term improvement of symptoms after laser treatment in patients with refractory angina, controversial data have been reported on the



**Figure 3. Quality of life after cell therapy.** At all postoperative time points, the physical limitation score of the Seattle Angina Questionnaire (SAQ) was significantly improved ( $40.2 \pm 1.4$  after 3 months,  $40.9 \pm 1.5$  after 6 months,  $43.7 \pm 1.0$  after 12 months, versus  $28.4 \pm 1.5$  preoperatively). Pre, preoperatively. Separated values, outliers included in the statistical analysis. Asterisk,  $p < 0.0001$  versus pre.  
doi:10.1371/journal.pone.0101449.g003



**Table 5.** Blood serum level analyses.

Parameter	Pre	12 h	24 h	48 h	3 mo	6 mo	12 mo
Hemoglobin (g/dl)	13.9±0.2	11.0±0.3 ***	10.9±0.3 ***	10.8±0.3 ***	13.5±0.2	14.1±0.4	14.2±0.3
Hematocrit (%)	42.1±0.7	34.0±1.1 ***	33.3±0.8 ***	32.5±0.8 ***	40.9±0.7	41.6±0.9	42.8±0.9
Potassium (mmol/l)	4.5±0.1	4.8±0.1	4.8±0.1	4.7±0.1	4.6±0.1	4.6±0.1	4.7±0.1
LDH (U/l)	203.6±7.5	337.2±28.7 **	355.1±53.6 **	265.8±18.1	191.4±6.9	178.1±7.3	201.5±10.9
CKMB (U/l)	11.7±1.0	33.8±4.5 **	35.2±5.2 **	24.4±4.8	11.9±1.0	9.8±1.1	13.8±1.8
Troponin T (ng/ml)	0.1±0.1	1.0±0.2 *	1.2±0.3 **	0.6±0.2	0.01±0.001	0.01±0.001	0.03±0.01
Creatinine (mg/dl)	1.2±0.1	1.2±0.1	1.4±0.1	1.4±0.1	1.3±0.1	1.1±0.1	1.2±0.1
CRP (mg/dl)	3.0±1.1	9.3±1.2	17.5±1.5 **	26.9±6.3 ***	2.4±1.1	0.9±0.3	0.5±0.1

All postoperative values were statistically compared with the referring baseline value. LDH, lactate dehydrogenase; CKMB, creatine kinase-myocardial band; pre, preoperative; \* $p<0.05$ ; \*\* $p<0.01$ ; \*\*\* $p<0.001$ .  
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long-term outcome including studies not confirming clinical or functional benefit beyond 18 month after TMLR only [16,17]. These findings underline single laser treatment to be an end-stage option for patients with severe heart failure. For this reason, combined approaches utilizing TMLR and cell therapy have been proposed aiming at the cellular component to beneficially affect the diseased myocardium in the long-term, predominantly by paracrine effects on resident cardiac cells. Among other cell lines, CD133+ and CD34+ cells were reported to reduce the CCS grades in patients with ischemic cardiomyopathy [2,18]. Combined laser and BMC therapy also exerted positive effects on refractory angina [19].

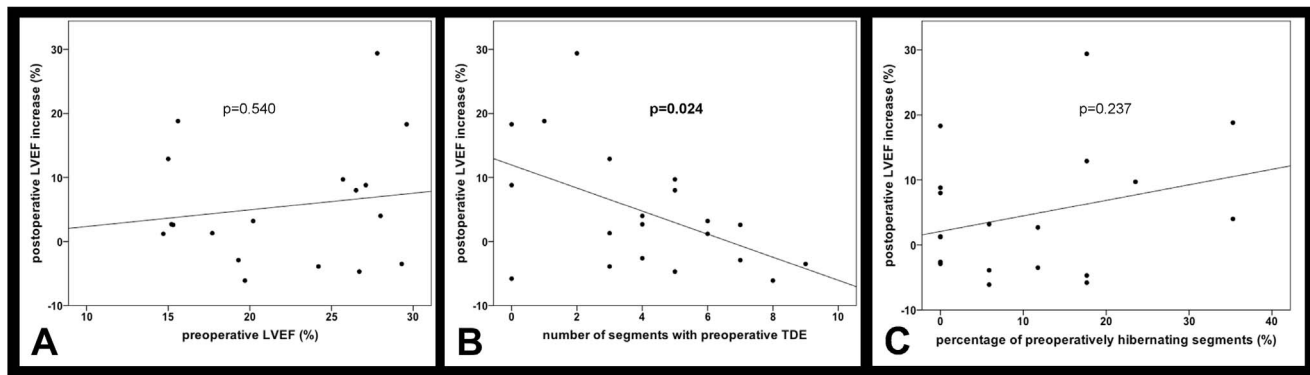
In our study, no patient died due to cardiac reasons, although all patients were initially suffering from end-stage ischemic cardiomyopathy. BMC treatment in patients with chronic ischemia was previously reported to reduce the mortality even 5 years after intracoronary cell delivery [20]. For patients with acute myocardial infarction, the BOOST trial could not confirm the superiority of intracoronary BMC transplantation in terms of mortality after 5 years [21]. However, large trials with long follow-up periods are necessary in order to further evaluate the potential of cell therapy to improve the survival of patients with chronic ischemia.

### Improvement of myocardial function

The combined approach of ELIVE and CD133+ cell therapy in CABG patients of the present trial beneficially affected the left ventricular function in severe ischemic cardiomyopathy. In a previous study, Stamm et al. described a significant postoperative improvement of the LVEF 6 months after CD133+ cell transplantation in CABG patients with moderately reduced LVEF [10]. However, the same group reported that with regard to the LVEF, combined CABG and cell therapy were not superior to single CABG beyond 6 months after surgery [22]. In fact, they found a LVEF <40% and a time period of 7 to 12 weeks between myocardial infarction and surgery to be predictors of an improvement of the LVEF of at least 5%. Similarly, intracoronary infusion of CD133+ cells in patients with chronic myocardial infarction was reported to improve the left ventricular function [4]. In opposite to these studies on CD133+ cells, the transplantation of unfractionated BMCs in chronically ischemic myocardium failed to show functional improvement in several studies [3]. One year after having injected mononuclear BMCs in the infarction border zone in CABG patients with a LVEF  $\leq 45\%$ , the investigators could not find a beneficial effect of cell therapy on the LVEF or the wall thickening measured by MRI, when compared to the control group with CABG only [23]. However, when analyzing the myocardial scar size in the cell administration areas, a significant decrease was observed in the BMC group. A study comparing intramyocardial as well as intracoronary BMC application in CABG patients with CABG only did not reveal any significant improvement in several parameters of global and regional cardiac function after 6 months, whereas intramyocardial injection showed a remarkable trend towards reduced scar size as well as improvement of the LVEF, when compared with intracoronary injection or controls [24].

Trials examining intracoronary transplantation of BMCs in patients after acute myocardial infarction and successful interventional revascularization resulted in controversial functional results: Two years after intracoronary cell administration, the baseline-adjusted LVEF in the BMC group of the AMI-REPAIR trial was reported to be significantly improved versus control patients [25]. After an initial increase of the LVEF in the BMC group of the BOOST trial (6 months), Meyer et al. observed no significant





**Figure 4. Preoperative indicators for the improvement of the LVEF.** While the preoperative global LVEF values were not correlated with the postoperative increase of the LVEF (A), we found an inverse correlation of the preoperative amount of transmural delayed enhancement (TDE) with the postoperative increase of the LVEF (B). The association of a preoperatively larger percentage area of hibernating myocardium with a higher increase of the LVEF was not statistically significant (C).  
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functional improvement by intracoronary cell therapy after 18 and 61 months, whereas the baseline LVEF values were higher than in the AMI-REPAIR trial [21]. The SWISS-AMI trial aimed at determining the optimal time point of BMC administration after acute myocardial infarction. However, neither by early (5–7 days) nor by late (3–4 weeks) intracoronary cell therapy, an improvement of the LVEF could be achieved after 4 months [26]. Intracoronary cell application in the BONAMI trial resulted in enhanced myocardial viability after 3 months, measured by single-photon-emission computed tomography [27]. However, the LVEF was not increased as compared to control patients. A very similar study design was applied to the HEBE trial and the TIME trial, which likewise did not result in an improvement of the LVEF after 4 and 6 months, respectively [28,29]. As opposed to the implications of the BONAMI trial, no post-interventional reduction of dyskinetic myocardial segments was observed. Patients in the cell therapy and the control group of the BONAMI trial had a mean baseline LVEF of 35.6% and 37.0%, respectively, while in

the HEBE trial, the values accounted for 43.7% and 41.7% in the therapy groups and 42.4% in the control group.

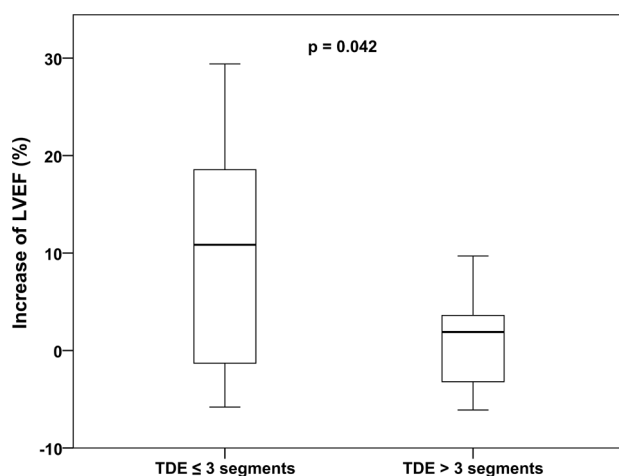
In a previous publication on the technical approach of combined CABG, laser treatment and CD133+ cell therapy, we have reported exemplary LVEF data which had been measured by 2D echocardiography in patients having been included in the study at early time points [9]. This subset of patients even showed a LVEF increase from 25% preoperatively to 40% after 6 months. Analysis of the echocardiography-based LVEF of all study patients at the end of the trial resulted in an increase from  $27.7 \pm 0.9\%$  preoperatively to  $37.6 \pm 1.4\%$  after 6 months ( $p < 0.001$ ). Although the final study evaluation based on MRI could not confirm this extent of functional improvement, still a significant increase in LVEF was observed (30% after 6 months vs. 25% preoperatively). Besides the fact that the previous publication had included only some of the study patients which had already been followed-up at that time point, the evaluation method may explain the different results. While 2D echocardiography data can be observer-dependent to a large extent, MRI is regarded to be the gold standard for global as well as regional functional evaluation of ischemic myocardium [30–32].

### Adequate selection of patients undergoing cell therapy

The controversial clinical reports on functional improvement by cell therapy of ischemic myocardium raise the question of adequate selection of patients undergoing myocardial cell therapy. In particular, preoperative parameters which are correlated to the post-therapeutic improvement of myocardial function in ischemic cardiomyopathy are required.

With regard to patients' selection, Yerebakan et al. had reported that patients with a LVEF  $< 40\%$  profit more from CD133+ cell transplantation [22]. In the present study cohort of patients with LVEF values  $< 35\%$ , the preoperative LVEF did not influence the functional benefit of the cell therapy. Especially in terms of severe chronic ischemia with large myocardial scar tissue areas, more sophisticated examinations seem to be necessary to select the right patients for cell therapy.

Moreover, adequate sites of injection of the cell suspension have to be chosen. In order to address both aspects, we determined all myocardial segments with transmural delayed contrast agent enhancement in the preoperative MRI measurements, indicating myocardial scar tissue [33]. These analyses revealed that patients with less increase of the LVEF after surgical cell therapy had larger



**Figure 5. Transmural delayed enhancement (TDE) and the postoperative increase of the LVEF.** TDE in more than three myocardial segments (at screening MRI) resulted in significantly less increase of the LVEF after 6 months, as compared to patients with three or less affected segments ( $1.0 \pm 1.4$  versus  $10.0 \pm 4.3$ ,  $p = 0.042$ ).  
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areas of transmural delayed enhancement in the preoperative MRI. A total number of more than three out of 17 segments with transmural delayed enhancement was shown to be significantly associated with a less beneficial functional outcome. Therefore, the extent of transmural delayed enhancement may be used as a preoperative predictor of the effectiveness of cell therapy in chronically ischemic myocardium.

### Limitations of the study

The present prospective study was primarily designed as a safety and feasibility trial without control group. Thus, our combined approach of CABG, ELIVE and cell therapy does not allow for separately discriminating the actual effects of ELIVE and cell therapy. However, laser treatment is strongly assumed to establish a supportive environment for cell therapy, while the transplanted cells may induce restoration of the myocardial function. In order to track the *in vivo* fate of the administered cells and to correlate this information with observed clinical benefits, modern imaging techniques based on MRI or positron emission tomography should be additionally considered in future trials [34].

### Conclusions

In the present multicenter trial, we established a safe protocol of intraoperative CD133+ cell isolation and laser-supported transplantation in CABG patients with end-stage ischemic cardiomyopathy. This approach resulted in relief from angina and significant improvement of quality of life as well as of the myocardial function measured by left ventricular ejection fraction and enddiastolic dilation. However, the beneficial results obtained from this pilot study require further evaluation in a randomized

efficacy trial. More interestingly, we elucidated the preoperative amount of transmural delayed enhancement to be inversely correlated with the postoperative increase of the left ventricular function. Thereby, MRI-guided selection of patients may be a worthwhile tool to improve the effectiveness of laser-supported myocardial cell therapy. In this context, large-scale studies in patients with moderately as well as severely impaired myocardial function are necessary to confirm adequate selection criteria for patients undergoing cell therapy.

### Supporting Information

#### Protocol S1 Clinical trial protocol of this study.

(PDF)

#### Checklist S1 TREND statement checklist.

(PDF)

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### Author Contributions

Conceived and designed the experiments: AA MH CO HMK. Performed the experiments: AA MH PK LP AM AK IK HHS HMK. Analyzed the data: AA MH PK LP DH CO MYE HMK. Contributed reagents/materials/analysis tools: CO IK HHS HMK. Wrote the paper: AA MH CO MYE HMK.

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